



American Bank &  
American State Bank  
Member FDIC

# THE CHARM OF COASTAL MAINE

September 9-15, 2023

Journey to the coast of Maine where the seafood is fresh, the shores are rocky, and lighthouses guide ships safely to harbor. The dramatic landscapes take center stage here as we venture to the tops of mountain peaks, through charming coastal towns, and within a treasured national park. Then get ready to marvel at Maine from an entirely new perspective as we set sail on the pristine coastal waters on four unique cruises!

Space is limited.  
**Register  
today!**

## DAY 1 SATURDAY, SEPTEMBER 9 OGUNQUIT (Dinner)

Today we will transfer to the airport for our flight to Maine. Upon arrival we will be met by our local guide and depart for coastal Maine and the charming village of **Ogunquit**. Named by the Abenaki Indians, Ogunquit means "beautiful place by the sea". Our overnight accommodations await us at the **Meadowmere Resort** (or similar), where we'll settle in and freshen up for a delightful welcome dinner.

## DAY 2 SUNDAY, SEPTEMBER 10 ROCKLAND (Breakfast, Dinner)

Following breakfast, we will set out on a day of coastal touring through Ogunquit and York for a visit to one of the most photographed lighthouses in the country – the **Cape Neddick Light**. Popularly known as "the Nubble", this lighthouse was built in 1879 and is still in use today. We'll then continue north to Maine's Mid-Coast region and Boothbay Harbor for lunch on our own and time to explore this seaside village. This afternoon's adventure will see us embarking on a **scenic cruise out of Boothbay Harbor** to admire the plentiful wildlife, summer colonies, and spectacular lighthouses along the coast. Keep your eyes peeled for puffins and seals and enjoy the fascinating narration and history of the area! Once back on land, we will check in to the **Rockland Harbor Hotel** (or similar) for the next two nights and gather for dinner together at one of the area's great restaurants.

## DAY 3 MONDAY, SEPTEMBER 11 ROCKLAND (Breakfast)

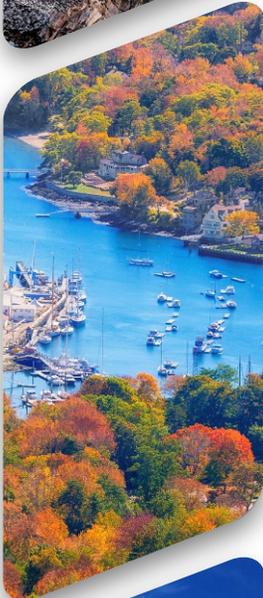
Enjoy breakfast this morning before we spend the day exploring beautiful Mid-Coast Maine and the pretty coastal towns of Rockland, Thomaston, Rockport, and Camden! In Rockland we will enjoy an up-close look at the **Rockland Breakwater Lighthouse**, while our stop in Thomaston will include a visit to the historic **Maine Prison Store**. This old-fashioned shop is packed with furniture, gifts, toys, and more handcrafted by inmates in the Maine prison system. We'll then continue on through Rockport to Camden to journey to the top of **Mount Battie** for magnificent views of Camden Harbor and beyond! Later, sit back and relax as we **set sail along Maine's magnificent rocky coast aboard the elegant Appledore II**, a two-masted, eighty-six-foot windjammer. Enjoy the views of the beautiful coastline, historic inns, and elegant summer mansions of the rich and famous with their million-dollar yachts! Our day will come to an end with dinner on our own in Camden Village and an evening at leisure back at our hotel.

## DAY 4 TUESDAY, SEPTEMBER 12 BAR HARBOR (Breakfast, Dinner)

After breakfast we will make our way to Mount Desert Island with a visit to **The Fort Knox State Historic Site** en route. This seacoast fortification was constructed in the 1800s and is one of America's best-preserved examples of its kind. Along the way, we'll also visit the **Penobscot Narrows Observatory** to take in the breathtaking views of the Penobscot Bay area from the tallest bridge observatory open to the public in the world. Next, our afternoon arrival to **Mount Desert Island** will have us touring through one of America's beautiful and treasured national parks, **Acadia National Park**. By any standards, Acadia is truly a special place. The combination of ocean, islands, wild coast, and some of the highest mountains along the eastern seaboard is unique! We will hear the crashing of the waves at **Thunder Hole**, enjoy other scenic photo stops, and travel to the top of **Cadillac Mountain** for spectacular views of Frenchman's Bay, Porcupine Islands, and Bar Harbor. Later, we'll check in to the **Bar Harbor Regency Hotel** (or similar) for a relaxing two-night stay. Time will be available to relax and freshen up before we enjoy a delicious dinner together.

## DAY 5 WEDNESDAY, SEPTEMBER 13 BAR HARBOR (Breakfast)

This morning we will **embark on another exciting cruise!** Settle in as we sail out of Frenchman Bay and into the Gulf of Maine in search of whales. Enjoy the stunning views of Acadia, the surrounding islands, the lighthouses, and the eastern coastline while keeping an eye out for other wildlife such as porpoises, seals, and seabirds. Along the way, our expert guide will educate us about the whales and other species found in the Gulf of Maine! After an exciting morning at sea, the afternoon and evening are yours to explore Bar Harbor at your leisure.



**DAY 6 THURSDAY, SEPTEMBER 14****KENNEBUNKPORT****(Breakfast, Dinner)**

Breakfast will be served at the hotel before we check out and travel south to **Portland**, a historic seacoast town with a funky vibe, working waterfront, loads of galleries, hundred of one-of-a-kind shops, and award-winning restaurants. We will tour our way through Portland and the Old Port Exchange, which was the heart of Portland's busy nineteenth century commercial ventures and continues to be the center of activity today. Up next is a visit to the iconic **Portland Head Light**. Commissioned by George Washington, this is one of the oldest continuously operating lights in the country and the jewel of Maine's beautiful coastal landscape. This afternoon will bring us to **Kennebunkport**, the summer haven for artists, writers, the upper middle class, and US presidents. As we enjoy a drive along the ocean to Walker's Point, we'll pass by the home of former President George H.W. Bush and then head out on the water again on a **scenic lobster cruise** to learn how the famous Maine lobsters are harvested. We'll cap off our exciting day with a **traditional lobster bake** after settling in to the **Nonatum Resort (or similar)**.

**DAY 7 FRIDAY, SEPTEMBER 15****HOME****(Breakfast)**

We will transfer to the airport after breakfast for our flight home.

**TERMS & CONDITIONS**

For full tour terms and conditions, please visit [www.stardestinations.com/terms-american-maine](http://www.stardestinations.com/terms-american-maine)



## INCLUSIONS

- Round-trip airport transfers and round-trip air
- Private motorcoach transportation
- 6 nights' accommodations
- 10 meals (6 breakfasts, 4 dinners)
- Admission to attractions as stated on itinerary
- Porter service of one bag per person at hotels
- Taxes and gratuities for included services
- Professional tour manager in Maine

**Not included in the price of this tour:**

Meals/beverages other than those listed on the itinerary, beverages other than tea/coffee/water with included meals, items of a personal nature/souvenirs, phone calls and faxes from hotels, travel protection plan, current baggage fees at the airport as assessed by the airline, fees related to any COVID-19 requirements for this destination, and any service not listed in the above inclusions.

**Activity Level: Moderate**

In order to participate in this tour, **you must:**

- Be able to walk/stand 3-4 hours at a time at an easy pace in all weather conditions
- Be able to regularly maneuver stairs, inclines, and uneven surfaces without assistance

For further information or questions, please contact:

**Loreen Marra, American Spirit Club Coordinator**  
**American State Bank**  
**525 N. Main Ave., Sioux Center, IA 51250**  
**(712) 722-4846 or (866) 938-4846**

## TOUR PRICING

**\$3,985 per person, double**  
**\$4,857 per person, single**

## OPTIONAL TRAVEL PROTECTION

**American Bank and American State Bank RECOMMENDS all travelers purchase a Travel Protection Plan. For your convenience, we offer a travel protection plan provided by Travelex Insurance Services:**

**\$370 per person, double**  
**\$464 per person, single**

(Payment may be sent with your deposit or with final payment to American State Bank)

Travel Protection Plan may be purchased any time before or with final payment to American State Bank.

To view state specific fraud warnings, visit:

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 Travelex Insurance Services Inc. ("Travelex Insurance") maintains an updated list of alerts and financial defaults on its website available at <https://www.travelexinsurance.com/customer-service/travel-alerts/travel-supplier>.

Visit <https://travelexinsurance.com/docs/ny-phn-covid-19-comp> to view a special notice for NY residents regarding coverage related to COVID-19. Travelex Insurance Services, Inc. CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company; NAIC #22276. 716



**A \$500 deposit per person is required with your registration form in order to reserve your spot.**

((\$100 becomes non-refundable May 1, 2023)

**FINAL PAYMENT IS DUE:  
 JUNE 1, 2023**